



# Naloxone

## Responding to Opioid Overdose

### What is naloxone?

Naloxone is an injectable medication that **temporarily** reverses slowed breathing from too much opioid.



**Remember:** Someone who overdoses will not be able to use naloxone on their own. Other adults/teenagers in the home should know where to find and how to give naloxone.

### MAKE A PLAN

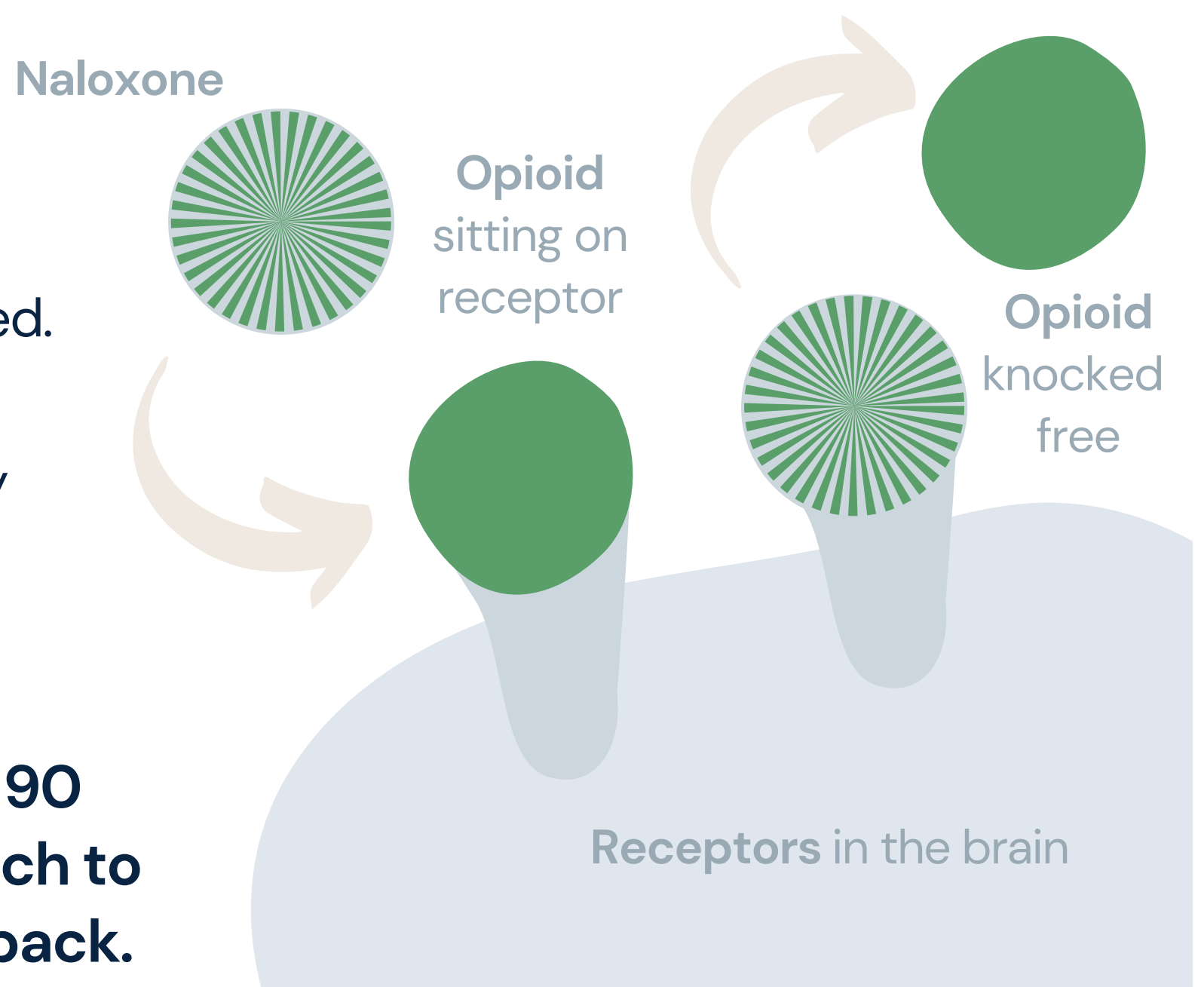
If you take opioids for chronic pain or are close to someone who uses opioids, it is a good idea to have a naloxone kit on hand.

### How does naloxone work?

With too much opioid in the body, too many brain receptors have opioid attached. This can cause breathing to slow or stop.

Naloxone binds to receptors very strongly so it can knock off opioids from the receptor for a short time. Ideally, normal breathing starts again.

**When naloxone wears off after 30 – 90 minutes, leftover opioid can re-attach to receptors and overdose can come back.**



## Responding to an overdose – how to use naloxone

# SAVE ME



### Stimulate

- shout their name
- tell them to breathe
- rub the sternum
- if not responding, **call 911**



### Airway

- clear out mouth
- tilt head back



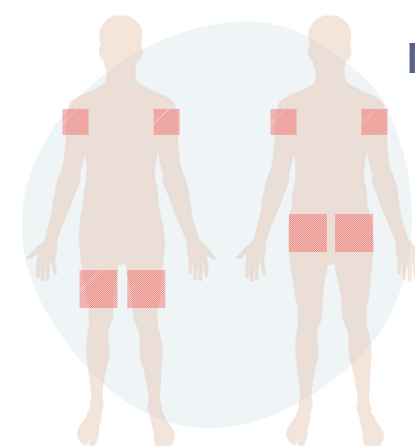
### Ventilate

- pinch nose
- give 2 big breaths
- ensure chest rises
- give 1 breath every 5 seconds



### Evaluate

- if person starts breathing, wait with them for EMS
- if still not breathing, give naloxone



Naloxone starts to restore breathing in 2 – 5 minutes



### Muscle Injection

- follow instructions in the kit to prepare the dose of naloxone
- pick the muscle site (thighs, butt, upper arms)
- inject the naloxone (can go through clothing if needed)



### Evaluate

- if person starts breathing, wait with them for EMS
- if still not breathing, give 1 breath every 5 seconds
- give naloxone again in **4 - 5 minutes**

SOURCE: [HTTPS://TOWARDTHEHEART.COM/NALOXONE-TRAINING](https://towardtheheart.com/naloxone-training)