



EDI RESOURCES



2022/2023



CPDPP

Continuing Professional Development
For Pharmacy Professionals





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Indigenous Wellness and Health Inequality

Course Title	Provider	Cost	Notes
<u>Indigenous Canada</u>	University of Alberta	Free	<ul style="list-style-type: none"> • Online, 12 weeks of study, 2-3 hours/week. • Follows an indigenous perspective and explores key issues facing indigenous peoples from a historical and critical perspective <p>Curation Notes: Not directed at HCP. This is an intensive, in-depth course and could be suggested for personal learning.</p>
<u>Core San'yas Indigenous Cultural Safety Health Training</u>	San'yas Indigenous Cultural Safety Training Program	\$300.00	<ul style="list-style-type: none"> • Good for non-Indigenous health professionals • estimated 8-10 hours • Focuses on improved access to health services for Indigenous peoples <p>Curation Notes: This course is referenced in several places in every province as the gold-standard. Some content is outdated.</p>

Course Title	Provider	Cost	Notes
<p><u>National Indigenous Cultural Safety Webinar Videos</u></p>	<p>BC Provincial Health Services Authority (Indigenous Health)</p>	<p>Free</p>	<ul style="list-style-type: none"> • 13 available webinars, approximately 1 hour each • Webinars focus on knowledge sharing with the aim of improving indigenous cultural safety <p>Curation Notes: Easy to access and some are really applicable, could just choose ones applicable to health care, although some are a few years old.</p>
<p><u>Anti-Racism Learning Series</u></p>	<p>Government of Canada, School of Public Service</p>		<ul style="list-style-type: none"> • There are 3 separate courses available varying in length • Designed for employees in federal public service • Designed in response to the Truth and Reconciliation Commission <p>Curation Notes: Not directed at HCP and may only be for federal public service employees.</p>
<p><u>Literature Review: Embedding Cultural Safety in Pharmacy Education and Assessments</u></p>	<p>Australian Pharmacy Council</p>	<p>Free</p>	<ul style="list-style-type: none"> • 72 Page Literature review with key findings presented in 20 minute video • Investigates indigenous health curriculum and educational initiatives to improve indigenous health

Course Title	Provider	Cost	Notes
<p><u>Indigenous Relationships and Cultural Awareness</u></p>	<p>Cancer Care Ontario</p>	<p>Free</p>	<ul style="list-style-type: none"> • There are 13 courses that are relevant to all Canadian Physicians • Designed to help physicians provide culturally appropriate and person centred care <p>Curation Notes: 13 modules total, could recommend not doing those that are Ontario and/or cancer specific</p>
<p><u>Indigenous Health What you should know about being a culturally safe physician</u></p>	<p>Royal College of Physicians and Surgeons, material developed by the Indigenous Health Committee</p>	<p>Free</p>	<ul style="list-style-type: none"> • Good resource for all Canadian Physicians • Includes foundational readings on Indigenous health and cultural safety during the COVID-19 pandemic <p>Curation Notes: High-level articles with some self-reflection.</p>
<p><u>Cultural Safety and Humility Action Webinar Series</u></p>	<p>First Nation's Health Authority</p>	<p>Free</p>	<ul style="list-style-type: none"> • Approximately 11 hour series targeted at BC health care professionals • Webinars focus on encouraging participation and self-reflection <p>Curation Notes: Webinars seems really general, interesting topics, accessible, and applicable. Most seemed to be done in 2016-2017 so may already be dated.</p>

Course Title	Provider	Cost	Notes
<u>In Plain Sight Summary Report</u>	Minster of Health, independent investigation	Free	<ul style="list-style-type: none"> • 74 page pdf that investigates systemic anti-Indigenous racism in BC • This document covers important colonial history and uses it to add context to modern health care discrimination
<u>The Unforgotten</u>	Created by BUILD (Films and Networked Health). Funded by Canadian Medical Association.	Free	<ul style="list-style-type: none"> • Includes a 33 minute film and a 28 page tool kit which work together to explore anti-Indigenous racism in Canada
<u>Indigenous Relationships and Cultural Awareness</u>	Cancer Care Ontario	Free	<ul style="list-style-type: none"> • There are 13 courses that are relevant to all Canadian Physicians • Designed to help physicians provide culturally appropriate and person centred care <p>Curation Notes: 13 modules total, could recommend not doing those that are Ontario and/or cancer specific</p>
<u>Culturally Connected</u>	Population Health Promotion, BC Women's Hospital	Free	<ul style="list-style-type: none"> • Website with robust resources, tools, and case examples (includes: videos and references) • Aims to improve cultural literacy and cultural humility

Stigma, Discrimination, & Bias

Course Title	Provider	Cost	Notes
<u>What Every Health Researcher Needs to Know About Health Equity: Privilege, Oppression and Allyship</u>	Centre for Healthcare Innovation Grand Rounds	Free	<ul style="list-style-type: none"> • Video aims to explore concepts of privilege and oppression and their relationship to health equity • It also examines how to apply principles of allyship to one's own life, work, and advocacy.
<u>Unconscious Bias: From Awareness to Action</u>	edX	Free	<ul style="list-style-type: none"> • Estimated 3 week course (1-2 hours per week), self-paced • Builds awareness about unconscious bias and its impacts and how to take action to manage Bias.
<u>Unconscious Bias in Medicine</u>	edX sponsored by Stanford University School of Medicine	Free	<ul style="list-style-type: none"> • Estimated 1 week (1-2 hours per week), self-paced. • Objective is to understand unconscious bias in everyday interactions and learn techniques to use in a medical or academic environment.
<u>Understanding Stigma</u>	CAMH	Free	<ul style="list-style-type: none"> • Course is 3-6 hours and is intended for all Healthcare providers and frontline clinicians • The course focuses on the impacts of mental health on stigma and tools to address stigma in healthcare environments.

2SLGBTQIA+

Course Title	Provider	Cost	Notes
<u>Pride in Pharmacy</u>	Pride Practice (UK)	Free	<ul style="list-style-type: none"> Learn about LGBTQ+ identities and become more confident using open language and considering how to make pharmacies more inclusive
<u>Intersectionality and Knowledge Translation</u>	Knowledge Translation Program	Free	<ul style="list-style-type: none"> Resource comes with education and training on knowledge translation and comes with models, theories, and frameworks to support analysis.
<u>Smashing Stigma: LGBT2SQ+ Engagement in Pharmacy Practice</u>	Canadian Pharmacists Association	Free	<ul style="list-style-type: none"> Website resource includes poster to place in pharmacy, tools to create an inclusive pharmacy space, and tips on LGBT2SQ+ friendly language. There is also a downloadable webinar which covers these concepts, and an available slide deck.

General Resources

Title	Provider	Cost	Notes
<p><u>Practice Development Resources: Patient Populations</u></p>	<p>Canadian Pharmacists Association</p>	<p>Free</p>	<ul style="list-style-type: none">• Resources on this page include those tailored for the specific medication management needs of different patient populations, including 2SLGBTQIA+ patients, racialized patients, Indigenous patients, women, the elderly, and other specific groups. Diversity and inclusion, among patients and within the profession, is also featured.• These resources include a variety of webinars, videos, and tool sets.